

16. Urbanista's functional earphones, Athens, give you total freedom whilst exercising. Run, swim and sweat with these earphones. The stylish complementary charging case provides you with 3 additional charges each lasting up to 8 hours. With 32 hours of total playtime and a compact case to fit effortlessly into your pocket, Athens is your perfect work out companion. Get yours from urbanista.com



17. 8K Flexwarm's heated jackets and gilets take you from 0 to 50°C in 360 seconds. Combining stylish design and revolutionary flexible heating technology, 8K Flexwarm jackets excel in cold weather so you can stay toasty without that chunky, padded coat. Get yours from 8kflexwarm.com IG @8kflexwarm



18. Sculptmode is the superior athleisure with compression technology designed to help boost athletic performance during intense training. With an engaged firm fit it aims to reduce muscle oscillation to enable greater stability. Check out their collections at sculptmode.com IG @sculptmode



19. Your new favourite on-the-go nutrition bar, Stoka Bars are packed with crunchy almonds providing healthy energy and leave you feeling satisfied. With 10 different flavours, only 3-4g Net carbs, Stoka Bars are gluten free, made with clean, all-natural ingredients and no added sugar. Available on Amazon and stokabar.com IG: @stokabars



20. DeFeet has built its reputation as a leading cycling sock brand for over 20 years. Their socks led the Tour de France for 14 days in 2019. Their USA grown and crafted merino wool socks are masterpieces for off-the-bike wear as well. Pictured, the Mondo sock. Also available, Custom crafted socks with your logo and colours. Visit defeet.com IG @defeet



21. Safety Skin's Reflective Skin Spread is the first reflective product designed to be applied directly on your skin. From a morning jog to marathon training, a bicycle commute to an epic cross-country brevet, SWIPE SOME ON! Visit safetyskinproducts.com IG @safetyskinproducts



22. Warrior Addict has collaborated with London street artist Sprankenstein to produce 35, limited edition FACE#1 yoga mats each has been numbered & signed by the artist. Made out of Micro-Fiber, the latest in yoga mat technology, this light-weight mat gets grippier as you sweat. Check out their designs at warrioraddict.com and IG: @warrioraddict £60.



23. glaze hand crafts their matchboxes with one-of-a-kind burl woods sourced from American speciality lumberyards. With equal emphasis placed on form and function, glaze's matchboxes make for arresting, albeit subdued, statement pieces for the home. Available at glazestudio.com IG: @glaze.studio



24. Streamlined to fit neatly on your index finger without disrupting technique, **SportCount's** Length/Lap Counters and Timers help you achieve your fitness goals by instantly generating statistics on your performance. Used by both performance athletes and beginners alike, check out these affordable and versatile models at sportcount-europe.co.uk



25. Built for the journey, RHA's true wireless buds last for 25 hours, are sweat and rain resistant and use a subtle and understated stem design for more reliable connection strength and call quality. Check them out at rha-audio.co



26. Designed by pro-athletes and physiotherapists, ELAVAIT is your pocket AI personal trainer. Creating unique daily workouts and recovery plans for your specific medical history and fitness goals, training smart and getting fit was never easier. Find out more at elavait.com and @elavait and download the app for iOS.



27. Mouthguards shouldn't get in the way of your game which is why every **SISU** is roughly half the thickness of conventional guards. With SISU, talking, breathing, and drinking are largely unobstructed, allowing you to keep your focus where it matters: on the next big play. Get yours now from sisuguard.eu £26.80.



28. The USBee 20" Cabin Case from **Kitkase** allows you to keep connected whilst on the move with its in-built USB charging port. Lightweight with a ruggedized finish for increased durability and TSA lock for added security, get your Kitkase for an effortless journey from kitkase.com IG @mykitkase

29. Boasting 12 sports modes, an integrated BioTracker™ and 24-hour heart rate monitoring, the Amazfit GTR 47mm is the only sports accessory you need. With Amazfit you can plan workouts, control music and monitor sleep patterns. Check it out at en.amazfit.com IG @amazfituk



30. Authors, journalists, academics and lawyers love the Apple Design Award winning writing app, **Ulysses**, for its clean design and excellent feature set. Thanks to seamless sync, you can edit your texts anywhere, anytime. Get your first three months for free at ulysses.app/promo/GQ



31. The ZPURS shoe clip with interchangeable grips, quick release system and carabiner, keeps your shoes or trainers with you whenever you need to change footwear. With 6 colours to choose from, they are a great addition for your commute or workout. £19.95 at www.zpurs.com

32. Used by some of the world's best boxers, Rival Boxing's gloves offer a perfect fit, incredible comfort and unbelievable durability. As pictured, the RFX Guerrero-V also integrates their innovative and unique Hook & Loop "V" Strap. Visit rivalboxing.com IG: @rivalboxinggear Photo: Troy St. Louis.